## **OFFICIAL**

November 2019

Dear Parent/Guardian,

## Health & Wellbeing Survey of Young People in Glasgow City 2019

Your child's school is taking part in the Glasgow City Health and Wellbeing Survey of Young People 2019. This survey has been carried out in Glasgow schools every three years since 2006 and has become a very valuable source of information for the city.

Education and Health Services across the city are working in partnership to collect data that will inform future service developments and improve young people's lives.

The survey will be conducted by Glasgow City Council in every secondary school in Glasgow.

The aim of the survey is to provide important information about the health and wellbeing of Secondary 1 to Secondary 6 pupils. The survey will focus on health behaviours, life circumstances, mental health & wellbeing, relationships and wider social and environmental issues that influence the health, perceptions and wellbeing of young people in Glasgow City.

This year's survey will be conducted online and the answers that young people provide will be linked to data on each pupils record held by education services through your child's Scottish Candidate Number (SCN). Linking data in this way allows us to explore the data more fully and gain a better understanding of patterns of health & wellbeing across the different parts of the city.

The data that will be linked through the SCN will include:

- School Stage
- Ethnicity
- National Identity
- Asvlum Status
- Additional Support Needs (ASN)
- Free School Meal Entitlement (FSM)
- Looked After Status (LAC)
- English competency Level (EAL)
- SIMD
- Attendance
- Exclusions
- Attainment (SQA and ACEL as applicable)

Please note that pupils are not asked to provide their name or address on the survey. Some special category data held on the pupil record will be shared with our NHS colleagues purely for the purpose of data analysis. Glasgow City Council and our NHS partners will not identify individual pupils from this data.

All pupils in Glasgow secondary schools will be asked if they wish to take part. There is no obligation to participate, but we do hope that as many young people as possible are willing to complete the survey so that we get reliable information about young people living in the city.

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The survey will be conducted in your child's school and will be an online questionnaire. If you have any questions about the survey content, or wish to see the questionnaire, please contact your child's school and they will provide either an online link to the survey or a paper version of the questionnaire.

The areas that the survey will focus on include -

- Physical Activity
- Food & Eating
- Worries & Bullying
- Smoking
- Alcohol
- Drugs
- Your Health & How You Feel
- Services for Young People
- Resilience & Behaviours
- Sexual Health & Relationships (Question types dependant on pupil stage)
- Time You Spend Online
- Your Home and Family
- Caring
- Your Money
- Aspirations

Staff will be in attendance for supervision and advice only. All pupil responses will be self-completed online and in strict confidence.

We very much hope that your son/daughter will take part in this important study. It is important to stress that the survey findings will be used to support education and health services and local authorities to plan, develop and improve services across the city that aim to reduce health inequalities and improve the health outcomes of young people in Glasgow City.